

I like, like you

A healthy relationships program for secondary schools

Relationships Australia
VICTORIA

'I like, like you' (ILLY) is Relationships Australia Victoria's 4-session primary prevention program for schools, focusing on mental health promotion and respectful relationships for year 7-10 students.

We also deliver an adapted 'ILLY UP' program for year 5-6 students.

We're currently able to offer a limited number of programs **free of charge** to secondary schools within Melbourne and invite you to contact us to discuss how we can support your students' needs.

About the curriculum

ILLY program content aligns with the Victorian Government Department of Education and Training's Respectful Relationships Curriculum.

Sessions include a diverse range of interactive activities designed to:

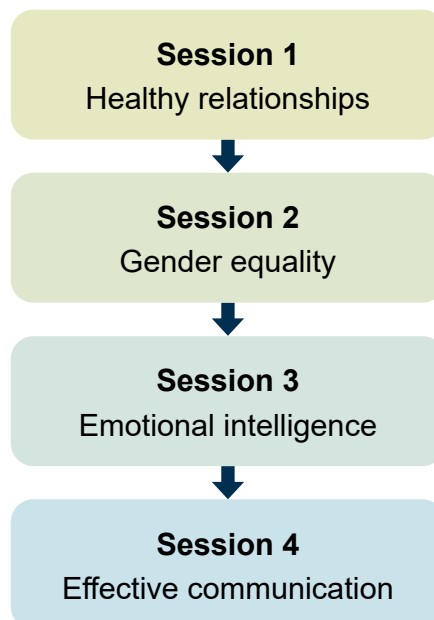
- build students' social-emotional learning (SEL)
- strengthen their resilience
- support them to explore their beliefs
- help them develop good communication skills and self-awareness in a safe and supervised environment.

We continually evaluate and strengthen the evidence base for the ILLY program and adapt to emerging needs.

All sessions are delivered by qualified facilitators who have experience working with young people.

Program delivery

The program runs over 4 sessions, each between 60 and 90 minutes in length, and can be tailored to align with your school's schedule.



In order to support a whole-of-school approach, we also provide online teacher and parent information sessions.




Why choose us?

- ✓ Program content aligns with the Victorian Government's Respectful Relationships curriculum
- ✓ Research and evidence-informed content
- ✓ Delivered by an organisation with over 75 years' experience

As a result of the ILLY program, I will 'be more mindful of gender stereotypes [as well as] building and maintaining my own values and boundaries.'

- Student feedback

Find out how we can support your school

-  (03) 8573 2222
-  illy@rav.org.au
-  rav.org.au/illy



We acknowledge the Aboriginal and Torres Strait Islander peoples as the Traditional Owners of the lands and waterways of Australia and support Aboriginal people's right to self-determination and culturally safe services.