

Media release

23 May 2011

Enjoy a flutter but stay in control

Responsible Gambling Awareness Week (RGAW) is about urging everyone who “likes a flutter” to take a balanced approach and stay in control.

Relationships Australia Victoria (RAV), which operates Gambler’s Help counselling and provider education services in the Grampians region, encourages everyone not to let gambling take over their lives.

Centre Manager, Sue Yorston, says research shows that gambling is one of the most distinctive aspects of Australian life. It is estimated that today more than 3.8 million Victorians gamble in one form or another, with online gambling growing as a popular choice.

“However, whichever form of gambling you enjoy, the theme of RGAW – *“Knowledge, Balance and Control”* - is important, along with the messages:

- set yourself a limit and don’t exceed it
- take just your allocated amount of money
- don’t let gambling take over your life.”

RGAW is an initiative between Victorian and Local Governments, the gambling industry and community sectors.

Throughout RGAW, a number of events and activities will be held around the State. These will include forums in suburban and regional centres; information sessions at Gambler’s Help branches; community lunches and forums; information sessions involving local businesses; youth events; and community events involving the Sudanese, Chinese and Vietnamese communities.

In Ballarat on Thursday 26 May

What are the chances?

The City of Ballarat, in conjunction with the Ballarat Responsible Gambling Committee, will host a community forum to raise awareness about gambling behaviour, the risks and how to avoid them. RGAW ambassador, David Schwarz, will share his story about overcoming issues with gambling and the importance to stay in control.

Regent Cinemas
Lydiard Street North, Ballarat
9.30 – 11.30am

If you have a query or wish to attend this event, please contact:
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