

Helping you

BUILD

BETTER

RELATIONSHIPS

Counselling

Seminars

Courses

Mediation

Professional Training

Relationships Australia

WHY ARE RELATIONSHIPS SO IMPORTANT?

Strong and stable relationships with others in our lives ensure a good overall quality of life. On the other hand, if our personal relationships are not strong and supportive, then our ability to face daily challenges may be affected. Relationships Australia supports Australians in their relationships at any time in their lives.

"How can I ever say thank you enough to my counsellor - the person who has helped me achieve the rich quality of my life today."

WHO NEEDS US?

Everyone who is in a relationship or cares about relationships may need our services at some time. We can help people to deal with problems or difficult relationships, learn how to form or improve relationships, or cope with a relationship that has broken down.

Our services provide support for parents and children, step-families, families in crisis, couples, single adults, parents and children after separation. We deal with personal, couple and family issues, behavioural problems as well as school and work issues.

HOW MUCH IS IT GOING TO COST?

A fee for service applies to most services and is based on your total family income and your ability to pay.

COMMITMENT TO QUALITY

By deciding to contact Relationships Australia, you are choosing an organisation committed to making people's lives better by building better relationships.

Our commitment to quality and 50 years experience ensure you receive the highest standard of services available.

COUNSELLING

Counselling can be very helpful for people looking to enhance their relationship and to find new ways of handling problems and difficulties. Counselling does not have to be seen as a last resort - it can also make a good relationship better. Counselling can help you to see the signs of change in your relationship, and to decide how to improve it.

"I can see a way ahead now. I don't have to go round in circles."

"I was surprised to see other men in the waiting room. It was much more useful than I thought it would be."

Counselling can help people in abusive relationships. We have special programs for children, men and women where there is domestic violence.

Sometimes despite all efforts, relationships do not last. We can help you and your children at these times. Telephone counselling is available for those who are too far from a centre or physically unable to attend.

COURSES AND SEMINARS

These focus on preventing problems and help you to enrich your relationships. Courses and seminars are helpful for singles, couples, parents, and for people who have separated.

"It was a new experience and an opportunity to learn new skills and reinforce others. It was a great opportunity to meet interesting and supportive people."

MEDIATION

For separating couples, mediation is an effective alternative to going to court. Through mediation couples arrive at fair outcomes regarding their children, property and money. We help you find your own solutions. We can also help in disputes between adolescent children and parents.

"As a result of our mediation sessions with you, the necessary decisions were made with the minimum of anxiety and stress."

PROFESSIONAL TRAINING

We are an acknowledged leader in training in relationship counselling, education and mediation. Some training is provided jointly with universities, while others are accredited courses. We also provide clinical supervision and consultancy services.

WORK AND FAMILY ISSUES

In the workplace, we offer employee assistance programs to address personal and work-related problems in ways that benefit both employers and employees. (e.g. relationship issues, stress, drug & alcohol problems). Our workplace programs include counselling, mediation for workplace disputes, seminars and consultancy.

Relationships Australia

For over 50 years, Relationships Australia has been helping people to build better relationships.

Relationships Australia is one of Australia's leading non-government providers of professional services for relationship support. We are not linked to any religious groups.

We are a not-for-profit, community-based organisation partly funded by federal, state and local governments.

RELATIONSHIPS AUSTRALIA (VICTORIA) INC

Metropolitan Centres

Kew
46 Princess Street
Ph. 03 9261 8700

Croydon
8 Civic Square
Ph. 03 9725 9964

Narre Warren
48 Webb Street
Ph. 03 9704 7788

Sunshine
1st Floor
Harvester Centre
4 Devonshire Road
Ph. 03 8311 9222

Greensborough
3/25-33 Grimshaw Street
Ph. 03 9431 7777

Country Centres

Ballarat
116 Lydiard Street North
Ph. 03 5337 9222

Shepparton
54 Wyndham Street
Ph. 03 5820 7444

Traralgon
1/42 Kay Street
Ph. 03 5174 1100

Telephone counselling available by appointment
on

1800 817 569

Central Office Administration
PO Box 8656 Armadale Vic 3143
(Incorporated Association Reg. No A0026572Z)

Ph. 03 8573 2222
Fax. 03 9822 4584

Internet www.relationships.com.au