



Relationships Australia

VICTORIA

Become a better dad with

FUN for Kids



How to get started

If you would like to participate in a FUN for Kids program, would like to get one going in your community, or want more information, please contact...

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VICTORIA

An enjoyable father-and-child program
designed to support dads, kids and families.

Parenting isn't always easy

Raising kids in the 21st century is certainly a challenge.

More than ever, parents are facing increased pressure to adapt to the new and often unexpected demands of parenthood.

Relationships Australia (Victoria) aims to help dads build their fathering skills, and assist them to deal with family, parenting and relationship issues.

One of our programs is called **Fathers Utilising Networks (FUN)** for Kids.

It is a fun, informative program that is attended by dads, often with their babies, kids and sometimes partners.

One of the key goals of the program is to help foster new friendships between fathers - so they don't feel isolated.

Within the program, dads are encouraged to get involved in their local communities, to make positive and practical contributions and to share their knowledge and experience with others.

Learn and share

FUN for Kids has been running in Victoria since 2001 in partnership with maternal and child health centres, community centres, kindergartens and primary schools.

It is a great way to include dads in the upbringing of their children.

The programs are down-to-earth and practical, opening the door for dads to build on their strengths as parents, learn new skills, and then offer their greater support within families and via community services.

FUN for Kids programs are offered in the evenings and on weekends, so busy dads can actually attend.

Each program usually involves four or five sessions, which can be built on and extended.

FUN for Kids works in rural and urban settings, and can be combined with other parenting and community development activities that share a common purpose.

FUN for Kids programs are available for each of the following groups (sometimes with their kids)...

- **New dads (sometimes with mum along too)**
- **Kindergarten dads**
- **Primary school dads**

FUN for Kids works!

FUN for Kids brings together leadership, resources, goodwill, people and partnerships.

The programs...

- **are** fun and rewarding
- **get** great feedback from kids, families and participating services
- **have** a positive impact on the quality of co-parental relationships
- **address** barriers that prevent dads from becoming more involved in direct childcare
- **encourage** new dads to develop confidence and competence in looking after children independently
- **give** mums a break from infant care
- **help** dads gain knowledge and confidence about children's learning and development through information, discussion and games
- **allow** children to enjoy activities and spend time with their dads
- **give** dads the opportunity to socialise with other dads and to share their feelings and stories.
- **build** connections within local communities
- **are** tried and tested.

