

Brimwest Early Intervention Services (EIS) is a partnership of four agencies.

- Relationships Australia (Vic) Sunshine
- Centacare Catholic Family Services
- MacKillop Family Services
- Community West

are offering a range of programs to support clients of the Sunshine Family Relationship Centre and broader Western suburbs community.

Brimwest EIS tailors services to support families and communities to have positive, lasting relationships.

This is through specific programs with families and couples who have a continuing desire to work on their relationships.

Early Intervention Services is about working with people as relationships develop, to put in place preventative measures to build strength and resilience in families. This includes; working with couples, parents and children, fathers and their children, men and family relationship counselling; and working with families/couples assisting them through family violence and conflict.

The key benefit of early intervention is to use the strengths of the family to build and preserve the way members of the family relate to each other.

These programs are at no cost. Dates, times and duration of programs can be confirmed with the appropriate agency.

Contact

Relationships Australia (Vic) Sunshine

Level 1, 4 Devonshire Road
Sunshine 3020
Tel: 8311 9222

Centacare Catholic Family Services

383 Albert Street
East Melbourne 3002
Tel: 9287 5654

MacKillop Family Services

118 Commercial Road,
Footscray, 3011
Tel: 9680 8411

Community West

822 Ballarat Road,
Deer Park 3023
Tel: 9363 1811

Sunshine Family Relationship Centre

Ground Floor, 1 Clarke Street
Sunshine 3020
Tel: 9313 0444



Need help building strong relationships?

BrimWest Early Intervention Services



- Family Relationship Counselling
- Family Relationship Education and Skills Training
- Specialised Family Violence Services
- Men and Family Relationship Program

Funded by the Australian Government

Family Relationship Counselling

Family and couples counselling: Centacare

Provides counselling to families, individuals, couples, children at all stages of life. Covering issues of communication, conflict, family violence, separation, loss and grief, parenting and relationships.

Family Relationship Education and Skills Training

Bringing baby home: Centacare

The program is for parents expecting their first baby, or who already have a child less than 12 months old. It provides strategies and education in managing the changes to their relationship and promotes the importance of co-parenting.

Vietnamese couples program: Centacare

The program assists couples in the Vietnamese community to strengthen, develop and maintain a positive and healthy relationship. Couples will explore communication, dealing with differences, cultural and family change, and understanding your partner.

Tuning in to Kids: MacKillop Family Services

The program assists parents of children (2-8) with information and skills to develop their child's ability to understand and talk about emotions. The aim is to build strong relationships and maintain open communication at all times.

Specialised Family Violence

Breakthrough: Community West / Relationships Australia (Vic)

Is a program for parents who are separated or are in the process of separating. It aims to assist parents who attend separately, to reduce conflict between them for the benefit of their children. Breakthrough is also referred to as Post Separation Parenting Program.

Groundwork: Relationships Australia (Vic)

Is a program aimed to assist parents in dispute with their children in preparation for Family Dispute Resolution. Parents attend separately and cover communication skills, childrens needs, self management and action plans.

P.A.R.K.A.S program: Community West

Parents Accepting Responsibility Kids Are Safe, is for mothers and children (8-12), who have experienced family violence. The aim is to facilitate open communication and relationship building about their experiences.

Men and Family Relationships

African dads and kids program: Centacare

Is for newly arrived African fathers to support them in managing a range of issues as parents in Australia. The program is experiential, fun and explores cultural change, communication strengths, building relationships with children and opportunities for open discussion.

Pit Stop program: MacKillop Family Services

The program aims to promote fathers as an important part of families. It assists dads to develop their own parenting style in building close relationships with their children. Issues including discipline, communication and why dads matter are covered, relevant for dads with children from zero to primary school age.

Vietnamese parenting: Centacare

Is for parents in addressing parenting issues, strengthening families and communities. The Program covers parent modeling, child development and behavior, non violent disciplinary techniques and positive reinforcement strategies.

Reconnecting: Relationships Australia (Vic)

Is a program for fathers to build on their relationship within issues of family violence. Areas covered include parent education, skills, strategies, child development and the role of play in reconnecting children and family members after family violence has occurred.

