

Tax Invoice and Registration

Please register me for:

Fundamentals of EFT 4-Day Externship

Advanced Core Skills Parts A + B

Name: _____

Address: _____

Post Code: _____ Phone No. _____

Email: _____

Registration payment

Please accept my deposit of \$500 for Fundamentals

Please accept my deposit of \$750 for Advanced Skills
Parts A & B

Please find attached my cheque, payable to Relationships
Australia Victoria

Total: \$ _____

or

Please debit my credit card Mastercard Visa

Amount: \$ _____

Card No: _____|_____|_____|_____

Expiry date: ____ / ____

Name on card: _____

Signature: _____

I have read, understood and accept the Terms & Conditions of registration outlined in this flyer. Please copy your registration form for tax purposes and mail the original to: Maree Nugent, Relationships Australia Victoria, 450 Burke Rd, Camberwell Vic 3124

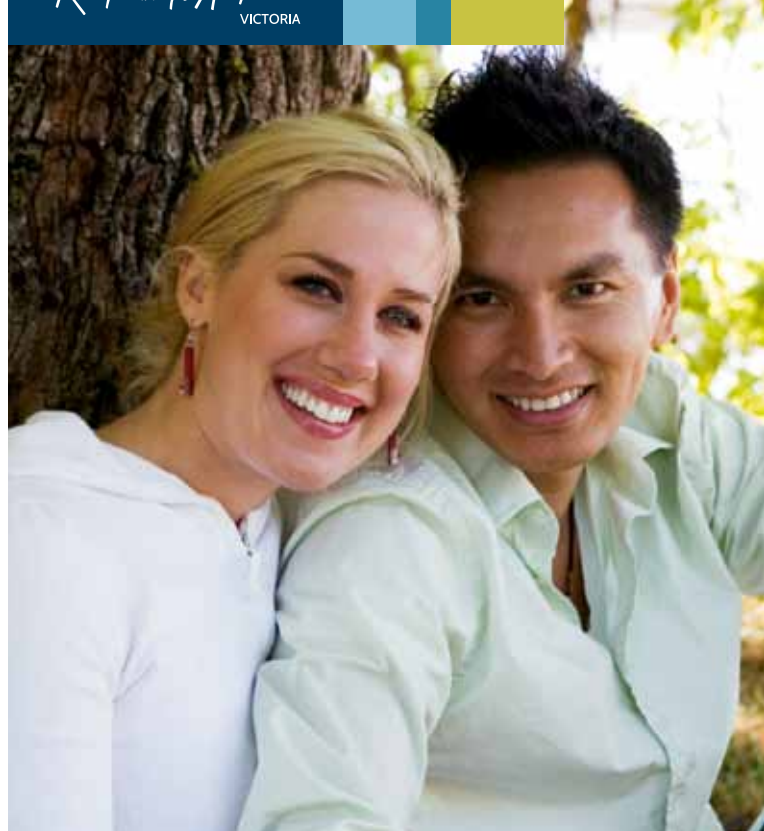
TERMS & CONDITIONS:

Registration is not confirmed until FULL payment is received one month prior to the Fundamentals and one month prior to Advanced Skills Part A. A refund of the balance of your payment (minus the deposit) will be issued if cancellation is received in writing fourteen (14) days or more, prior to the event. Cancellation will attract a processing fee of \$50. Notice of cancellation must be given to Relationships Australia Victoria via email to Maree Nugent mnugent@rav.org.au. Maree will respond by email to confirm your cancellation. Relationships Australia Victoria will not accept responsibility for correspondence that is delayed or for failure of delivery. No refund for cancellation received within fourteen (14) days of the event, on, or after the day of the event (regardless of personal circumstances), however you may nominate an alternative attendee in writing. Relationships Australia Victoria regrets the difficult personal circumstances that prevent people attending including medical conditions, emergencies, severe weather or transport difficulties, however the logistics of event management prevent us from assuming responsibility for these contingencies.

We are pleased to present Emotionally Focused Therapy for Couples Workshops in 2012

Limited places available

Relationships Australia
VICTORIA



Emotionally Focused Therapy for Couples (EFT) offers a comprehensive theory of adult love and attachment, and a process for healing distressed relationships. This experiential-systemic therapy focuses on helping partners reprocess the emotional responses that maintain their negative interaction patterns. Through a series of nine steps carried out within 12 to 24 sessions, the therapist leads the couple away from conflict deadlock into new bonding interactions.

RAV is offering a Fundamentals Externship as an introduction to EFT, and advanced core skills training for those who want certification as an EFT therapist. All training is approved by the International Centre for Excellence in EFT (ICEEFT).

Fundamentals of EFT Externship

16 – 19 March 2012

Dr Jennifer Fitzgerald

Workshop participants will learn the theoretical underpinnings of EFT:

- assess and formulate couple distress within an attachment theory framework
- work through the nine steps of EFT
- elicit and work with emotion as it occurs in the sessions
- practise the interventions that create change in EFT by reprocessing negative affect, and facilitating new relational experiences that foster a secure bond in an experiential way.

Participants will observe the trainer's work.

Cost: \$1350 (inc GST), covering manuals and articles, morning and afternoon tea and lunch. A \$500 deposit is required to secure your place.

Advanced Core Skills Training

Part A

1 – 4 June 2012

Dr Jennifer Fitzgerald

Part B

9 – 12 November 2012

Dr Veronica Kallos-Lilly

**Prerequisite: 4-Day Fundamentals of EFT Externship. The eight days of the advanced course are required for certification.*

Small-group experience is focused on enriching clinical understanding of the EFT model, and developing the advanced skills required. The nine steps of EFT are covered in depth and woven into discussions of your own and the facilitators' work. You will have the opportunity to share your work and receive feedback.

Participants will learn to:

- foster de-escalation of conflict and tension
- apply the attachment framework throughout the nine steps
- track and deepen emotion in the here and now
- develop specific interventions to help couples reprocess negative affect, and foster a secure attachment bond
- work through impasses in the therapeutic process
- end therapy.

The use of experiential skills-building and role-play exercises will help you grasp nuances embedded in the therapeutic process. The tone of the group is one of safety and supportiveness. Group size is limited to 15.

To optimise learning, you must have an active caseload of couples, and be prepared to share your work at least once, in video or audio tape format. Transcripts are also acceptable, if role played, with you as the therapist, and group participants filling in for the couple.

Cost: \$2700 (inc GST), covering manuals and articles, morning and afternoon tea and lunch. A deposit of \$750 is required to secure your place.

Trainers



Dr Veronica Kallos-Lilly

is a registered psychologist, supervisor, and certified EFT trainer from Canada. Her main clinical interests lie in using attachment framework and reprocessing emotions with clients to strengthen their relationships. She is an expert in training and grief. In 2000, Veronica began an EFT training program in Vancouver that has successfully grown

into an established training institute with an international reputation. She launched similar training courses in the US. In 2005, Veronica co-founded and is currently one of the Directors of the Vancouver Couple & Family Institute (VCFI) and Centre for EFT Training.



Dr Jennifer Fitzgerald

is a clinical psychologist and Member of the APS College of Clinical Psychologists. Jennifer is the first Australian clinician to be certified by the International Centre for Excellence in EFT (ICEEFT) as an EFT therapist and supervisor. She has since undertaken the ICEEFT Trainer-in-training program with Prof Susan Johnson

and Dr Kallos-Lilly. She is committed to providing supervision and training to support couples therapists to master this excellent, evidence-based approach to relationship intervention. Student feedback on her EFT classes at University of Queensland has been consistently positive, with comments such as "creative teacher; demonstrated extensive knowledge; approachable; well organised; clear and concise."

Venue: 450 Burke Rd, Camberwell

Times: Fundamentals of EFT Externship
9am – 5pm

Advanced Core Skills Training Part A & B
9am – 4.30pm

Email: trainingground@rav.org.au

Website: www.relationshipsvictoria.com.au