

Cranbourne Centre

Making an appointment

Telephone 5990 1900 and our receptionist will organise an appointment, or place you on our waiting list.

Those under 16 years of age will need parental permission to see a counsellor.

We require 24 hours' notice of cancellation; otherwise the fee (including GST) will be charged.

As we do not have child-minding facilities, no children can be left on our premises unsupervised by their parent(s).

Hours of operation

Monday, Thursday and Friday 9am - 5pm

Tuesday and Wednesday 9am - 8.30pm

Location

2/199 High St, Cranbourne
(Melway map ref: 133 J3)

Contact

Phone: 03 5990 1900; Fax: 03 5996 2079

Email: cranbourne@rav.org.au

www.relationshipsvictoria.com.au



The Cranbourne Centre is one of 12 centres operated by Relationships Australia (Victoria) in metropolitan Melbourne and regional Victoria.

RAV is a community-based, not-for-profit organisation that is a leading provider of relationship support services.

Our aim is to help Victorians achieve positive, respectful and lasting relationships.

Our services are for people from all walks of life, regardless of age, gender or sexual preference.

Services

At the Cranbourne Centre, we offer the following relationship support services:

- **Counselling for individuals, couples, families and children**
- **Family Violence Prevention programs**
 - individual counselling for men and women
 - women's support groups
 - men's behaviour change groups
- **Men and Family Relationships support**
 - Counselling for men**
 - Group programs which include:**
 - Men, Separation and Parenting
 - Pit Stop: A Parenting Tune Up for Dads
 - work with Sudanese, Vietnamese and Afghan men
- **Pre-Marriage preparation**
- **Making Relationships Work seminars**
- **Other courses and groups.**

Our staff

Our team comprises tertiary qualified and highly experienced professionals from fields including psychology, social work, social science and education.

Each staff member is required to participate in ongoing training and professional development.

Our fees

As a not-for-profit organisation, RAV aims to provide an affordable service to all clients.

Some programs are only partially funded by State and Federal funding, so we charge a fee to cover the gap. In most cases, fees will be based on a sliding scale, negotiated on your level of income.

Who can attend counselling?

You can attend on your own, with your partner, or as a family.

Children can come by themselves with the consent of both parents.

Sometimes members of the extended family, such as grandparents, come to counselling.

Friends can also come as a support.

Relationship counselling can assist with many issues including:

- communication difficulties
- family conflict
- parenting
- exploring whether to stay together
- separation
- midlife crisis
- depression
- loss and grief
- infidelity
- sexual difficulties
- emotional, physical and sexual abuse
- misuse of power and control
- past trauma.

