



Training team

**Linda Murrow - Program Coordinator,
Professional Training Couple Therapy, RAV**

MA (USA) Counselling Psychology/Expressive Therapies, Cert. Family Therapy, Advanced Training in Couple Therapy, Member: Australian Association of Family Therapists (Clinical), Australian Association of Relationship Counsellors (Clinical), Society of Counselling & Psychotherapy Educators, Dance Movement Therapy Association of Australia (Professional), Psychotherapy & Counselling Federation of Australia Reg.

Linda Halley - Senior Counsellor/ Clinical Supervisor, RAV

Couple & Individual Psychotherapist, Member: AARC (Clinical), SCAPE.

Lily Rosenberg - Senior Counsellor/Clinical Supervisor, RAV

BA (Monash), Dip Soc Stud (Melb), Member: AARC (Clinical), SCAPE.

Penny Evans, Couple & Relationship Counsellor/Psychotherapist

MA Relationship Counselling & Couple Therapy (La Trobe), BA Dip Soc Stud (Melb). Member: AASW, AARC (Clinical), SCAPE.

Ena Shaw, FDR Training Manager, RAV

MEd (Psych), BSc (Hons), BA (Multi-Discipline). Member of Australian Psychological Society, Registered Psychologist Victoria. Registered FDR practitioner with the Australian Attorney General's Department, Vocational Graduate Diploma of Family Dispute Resolution, Associate Member of the Australian Society of Hypnosis.

Application process and enquiries

Course participants need to have appropriate tertiary qualifications and a minimum of one year of face-to-face counselling experience. To apply, please complete the Expression of Interest form and send, along with a copy of your CV to:

**Professional Education Coordinator
Relationships Australia Victoria, 46 Princess Street, Kew 3101
or fax: (03) 9853 9158.**

If your application is successful, a time will be arranged for an interview, which is required prior to acceptance into the course. Please direct any course enquiries by email to professionaleducation@rav.org.au or telephone (03) 9261 8702.

www.relationshipsvictoria.com.au

Funded by the Australian Government.

Specialist Course in Couple Therapy



Relationships Australia
VICTORIA

Course components*

For more than 20 years, Relationships Australia Victoria (RAV) has provided specialist couple therapy training for professionally qualified counsellors. Our Specialist Course in Couple Therapy includes the option of a post-course training internship, and is accredited with relevant Masters degrees offered by La Trobe and Melbourne universities.

Theory and practice seminars

Supported by a prescribed reading program, the seminars integrate psychodynamic, systemic and integrated behavioural theories to form a working interactional model. Special topics are also covered, including: sexuality, jealousy and affairs, marital violence, gender issues, and working with the separating couple. (*Large-group learning*).

Therapeutic self workshops

Working in two small groups, trainees will develop an experiential understanding of what shapes them as effective couple therapists. The primary task is to explore links between their family of origin and our work with couples. (*Small-group learning*).

Case discussion and illustration seminars

Relationship difficulties are conceptualised in a way that integrates psychodynamic, systemic and behavioural theory. Through this process, we assist the therapist to define an appropriate therapeutic focus for his/her work with the couple being discussed. (*Small- or large-group learning, depending on the training-group size*).

Clinical practice workshops

These workshops raise the awareness of the issues and technical skills particularly crucial to couple therapy, such as establishing symmetrical rapport, defining and working with interactional process, maintaining therapeutic effectiveness, and facilitating change. (*Mainly small-group learning*).

Video viewing seminars

The seminars demonstrate the application of theory and technique in a variety of clinical situations. Trainees have an opportunity to share their observations and raise questions about the different approaches. (*Large-group learning*).

Post-course training options

1. Internship - Selected clinicians work with RAV clients over a 12-month period and receive weekly supervision.

2. Master video viewing program - Supported by a prescribed reading program, 10 to 14 students, plus trainer, meet for 10 monthly video seminars. Master therapists work with a variety of couple presentations, using a range of different approaches.

3. Specialist supervision in couple therapy

Course details

Intakes: Two per year - February and July

Day & time: Tuesdays, 9am-3pm

Venue: Carrington Hall, Kew Centre, 46 Princess St, Kew

Materials: \$110 to cover prescribed reading collection

Fees: Assessed - \$3014 (inc. GST)

Formally assessed - \$3314 (inc. GST) for accreditation with Masters Degree

(Instalment options available. \$330 deposit required once a place has been allocated. Deposit is non-refundable and non-transferable unless 8 weeks' notice is given prior to course commencement).

*Australian Association of Relationship Counsellors (AARC) Inc guidelines have been taken into account in the design of this course and post-course programs. Clinical membership of the AARC provides eligibility to apply for listing on the PACFA National Register.



University accreditation

A formally assessed version of the course is accredited towards the following Masters degrees:

Master of Social Work (entry-to-practise) - University of Melbourne

Graduates of the formally assessed version of the course plus the internship, who successfully meet the selection criteria for this Masters, would typically be granted credit for four subjects including Working with Families, Supervised Field Placement 1a and Supervised Field Placement 1b. In applying for Recognition of Prior Learning, students need to satisfy the learning objectives of Supervised Field Placement 1a and Supervised Field Placement 1b, and present a portfolio as evidence.

Master of Advanced Social Work (Research) - University of Melbourne

The MASW (Research) involves two coursework subjects and a 30,000 word thesis. Previous graduates of the formally assessed version of the course who have met the selection criteria for this Masters have been granted credit for coursework components. Credit is granted on an individual basis and needs to be requested at the time of application.

Enquiries for the University of Melbourne Masters can be obtained from Associate Professor Lou Harms, School of Social Work, (03) 8344 9413.